

Allergen Information

Note: Allergen information is not available on seasonal items (lunch specials) and individual restaurant's daily specials
 √ Denotes the allergen is in the product

	Egg	Milk	MSG	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Other Gluten
Appetizers										
Cajun Firecracker Sticks	√	√	√		√	√	√		√	
Cheese Fries		√	√						√	
Chicken and Rice Soup			√			√			√	
Chicken and Rice Soup			√			√			√	
Chicken Wings									√	
Fried Green Tomatoes & Cheese Grits	√	√	√			√			√	
Honey BBQ Chicken Nachos		√	√						√	
Loaded Potato Soup		√	√			√	√			
Loaded Potato Soup		√	√			√	√			
Three Cheese Spinach Dip		√	√			√	√		√	

Salads										
Caesar Salad (Side)	√	√							√	
Calabash Chicken Salad		√	√						√	
Fire-grilled Chicken Caesar Salad	√	√	√			√			√	
House Salad (Side)		√							√	
Seabreeze Spinach Salad with Grilled Chicken	√	√						√		
Soup & Salad										
Southwest Chicken Salad	√	√	√			√			√	
Traditional Caesar Salad	√	√							√	
Ultimate Chopped Chef Salad (w/ dressing)	√	√						√		
Veggie Salad (Side)										

Salad Dressings										
Bleu Cheese Dressing	√	√				√				
Caesar Dressing	√	√								
Gourmet Italian Dressing										
Honey Mustard Dressing										
Hot Bacon Vinaigrette Dressing										
Lite Olive Oil Vinaigrette Dressing							√			
Lite Ranch Dressing	√	√	√							
Ranch Dressing	√	√	√							
Raspberry Walnut Vinaigrette Dressing								√		
Spicy Ranch Dressing	√	√	√							
Sundried Tomato Vinaigrette										
Thousand Island Dressing	√									

Chicken and Pasta										
Aloha Chicken						√			√	
Baja Chicken Pasta		√				√	√		√	
Carolina Stacked Chicken		√				√			√	
Chicken Carbonara		√	√			√	√		√	
Chicken Pot Pie	√	√	√			√			√	
Roasted BBQ Half Chicken		√				√				
World Famous Calabash Chicken®		√	√						√	

Beef and Ribs										
BBQ Babyback Ribs, Full Rack			√							
BBQ Babyback Ribs, Half Rack			√							
Fatz Sampler		√	√		√				√	
Ribeye						√				
Smothered Chopped Steak		√	√			√	√		√	
TC's Hard Cider Sampler		√	√		√	√			√	
Top Sirloin, 10 oz.						√				
Top Sirloin, 6 oz.						√				

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Allergen Information

Burgers and Sandwiches										
Big City Reuben	√	√				√	√		√	√
Blackened Fish Sandwich									√	
		√	√						√	
Fatz Cheese Steak		√				√				
Fatz Club		√				√				
Fatz Onyum Burger	√	√	√			√			√	
Honey Mustard Chicken Sandwich						√				
Old-Fashioned Cheeseburger		√				√			√	
Pimento Cheeseburger w/Fried Green Tom	√	√	√			√			√	

Seafood										
Calabash Popcorn Shrimp		√				√			√	
Edisto Shrimp & Grits		√	√			√	√		√	
Fatz Famous Fish, Blackened							√			
Fatz Famous Fish, Broiled		√					√			
Fatz Famous Fish, Fried									√	
Fatz Famous Fish, Key West							√			
Fried Jumbo Shrimp						√			√	
Grilled Shrimp & Veggie Harpoons						√	√		√	
Maple Plank Salmon							√		√	

Desserts										
Brownie Bites and Ice Cream	√					√			√	
Carolina Peach Cobbler	√	√				√		√	√	
Cheesecake & Strawberries	√	√							√	
Cheesecake Bites	√	√							√	
Double Fudge Brownie	√	√		√		√		√	√	
Peanut Butter Pie		√		√		√			√	

Sides										
Baked Potato (plain)										
Baked Sweet Potato (plain)										
Cinnamon Apples		√				√				
French Fries			√							
Garden Blend Rice						√			√	
Grilled Veggie Skewers						√				
Red-skinned Mashed Potatoes		√				√				
Sauteed Sliced Mushrooms							√			
Steamed Broccoli with Cheese Sauce		√								
Steamed Seasonal Veggies		√				√			√	
Stone-ground Cheese Grits		√	√			√				
Sweet Vadiia Onion Cole Slaw	√									

Bread										
Poppyseed Rolls (1 - 1 oz roll)	√								√	

5/7/2010

* Other Gluten: Oats, Barley, Malt, Rye