



## Allergen Profile

**NOTE: Allergen information is not available on seasonal items (lunch specials) and individual restaurant's daily specials.**  
 ✓ denotes the allergen is in the product.

Egg	Milk	MSG	Peanuts	Shellfish	Sulfites	Tree Nuts	Wheat
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### Sides

Baked Potato (plain)							
Cinnamon Apples		✓					
Coleslaw	✓						
French Fries			✓				
Garden Blend Rice							✓
Red-skinned Mashed Potatoes		✓					✓
Sauteed Whole Mushrooms					✓		
Grilled Veggie Skewers							
Steamed Veggies							✓
Steamed Broccoli with Cheese Sauce		✓					
Stone-ground Cheese Grits		✓					✓

### Appetizers

Cajun Firecracker Sticks		✓			✓	✓	✓
Cheese Fries		✓					
Chicken Wings							
Fried Green Tomatoes & Stone-ground Cheese Grits	✓	✓	✓				✓
Southern Spinach & Shrimp Dip		✓			✓		✓
Sullivan's Island Shrimp Cakes	✓				✓		✓

### Chicken

Carolina Stacked Chicken		✓					
Small Calabash Plate		✓	✓				✓
Teriyaki Glazed Chicken							✓
World Famous Calabash Chicken®		✓	✓				✓

### Pasta

Baja Chicken Pasta		✓				✓	✓
Chicken Carbonara		✓	✓			✓	✓
Sundown Chicken Pasta		✓					✓

### Ribs

BBQ Babyback Ribs, Full Rack			✓				
BBQ Babyback Ribs, Half Rack			✓				
Killer Shrimp & Ribs			✓		✓		
Fatz Sampler		✓	✓		✓		✓
Steak & Ribs			✓				

### Beef

Cajun Crusted Ribeye		✓	✓			✓	✓
Ribeye			✓				
Sirloin, 12 oz			✓				
Sirloin, 8 oz			✓				
Smothered Chopped Steak		✓	✓			✓	✓
TCs Hard Cider Sirloin							

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### Seafood

Calabash Popcorn Shrimp		✓			✓		✓
Edisto Shrimp & Grits		✓	✓		✓	✓	✓
Fatz Famous Fish Platter, Broiled							
Fatz Famous Fish Platter, Fried							✓
Fatz Famous Fish Platter, Blackened							
Fatz Famous Fish Platter, Key West							
Fatz Fish & Double Shrimp, Broiled				✓			
Fatz Fish & Double Shrimp, Fried				✓			✓
Fatz Fish & Double Shrimp, Blackened							
Fried Jumbo Shrimp				✓			✓
Grilled Shrimp & Veggie Skewers				✓			✓
Maple Plank Salmon							
Killer Shrimp				✓			
Steakhouse Salmon		✓	✓		✓		✓

### Salads (\*without dressing)

Blackened Chicken Caesar Salad (w/ dressing)	✓	✓					✓
Calabash Cobb Salad*	✓	✓	✓				
Fatz Famous Calabash Salad*		✓	✓				✓
House Salad*		✓					✓
Lu Lu's Chinese Chicken Salad (w/ dressing)		✓					✓
Seabreeze Spinach Salad with Teriyaki Chicken*	✓	✓					✓
The Ultimate Chopped Chef Salad (w/ dressing)	✓	✓				✓	
Veggie Salad*							

### Burgers

Old-Fashioned Cheeseburger	✓	✓	✓				✓
Fatz Onyum Burger	✓	✓	✓				✓

### Sandwiches

Big City Reuben	✓	✓	✓				✓
Calabash Wrap		✓	✓				✓
Chicken Grill	✓						✓
Fatz Club		✓					✓
Fatz Blackened Fish Sandwich							✓
Fatz Philly Cheese Steak		✓					✓
Ribeye Steak Sandwich			✓				✓

### Desserts

Bananas Foster Bites and Ice Cream	✓	✓					✓
Brownie Bites and Ice Cream	✓	✓					✓
Carolina Peach Cobbler		✓					✓
Carrot Cake	✓	✓				✓	✓
Double Decker Key Lime Pie	✓	✓					✓
Double Fudge Brownie	✓	✓		✓		✓	✓
Fatz Sky High Cheesecake & Strawberries	✓	✓					✓
High Peanut Butter Pie		✓		✓			✓
Mango-Guava Mousse Cheesecake	✓	✓					✓
Strawberry Shortcake	✓	✓					✓
Strawberry Sundae		✓					

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### Soups

Adobe Chicken		√					
Southwestern Black Bean Soup							√
Broccoli & Cheese Soup		√	√				
Chicken & Rice Soup			√				√
Fatz Chicken Gumbo			√				√
Kickin Crab & Sweet Corn Chowder		√		√			√
Loaded Potato Soup		√	√		√		
New England Clam Chowder		√		√			√
Tuscan Tomato		√					√

### Salad Dressings

Bleu Cheese Dressing	√	√	√				
Caesar Dressing	√	√					
Golden Italian Dressing							
Lite Ranch Dressing	√	√	√				
Ranch Dressing	√	√	√				
Raspberry Walnut Vinaigrette Dressing						√	
Sundried Tomato Vinaigrette							
Thousand Island Dressing	√	√	√				